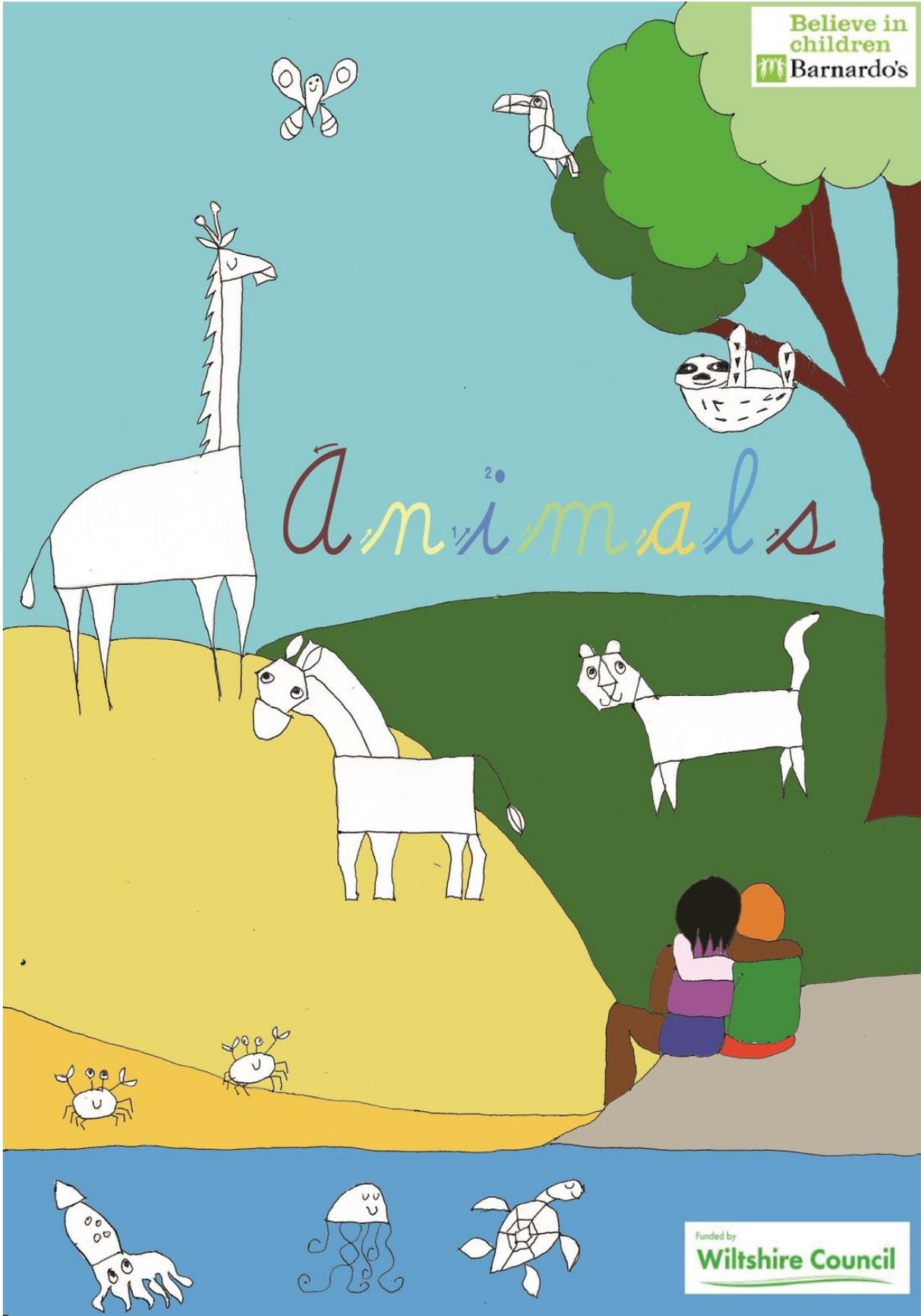


Believe in
children
Barnardo's

Animals



Funded by
Wiltshire Council

Wiltshire Short Breaks Activity Book

In this activity book there are suggestions for your child/ young person to engage with. Not all activities will be suitable or of interest to all of our young people, however there is a range of activities - sourced from online and from clubs - that we hope they will enjoy.

If you need any of the pages printed out please contact liz.james@barnardos.org.uk

Disclaimer

Included within this activity book are links to activities that are publically available on the internet.

Please ensure that you are happy for these to be shared with your children / young people by checking the links beforehand and also check any recipes for any allergies etc. Whilst we have done all we can to ensure the appropriateness of the content Barnardo's cannot take any responsibility for the content of these web sites or any links within them.

We would advise all parents to read this article to ensure the safety and wellbeing of your children online.

https://www.thinkuknow.co.uk/parents/support-tools/support-your-child-at-home?utm_source=Thinkuknow&utm_campaign=03cb8440df-TUK_ONLINE_SAFETY_AT_HOME_24_03_20&utm_medium=email&utm_term=0_0b54505554-03cb8440df-54111457

HELLO



"Hello, I am Freya, I love painting and getting messy!"

I really love painting BIG, my favourite animals are newts.

I really like soy sauce, a lot!

*"Hello, I'm Beth! I like reading & love the Gruffalo :)
I love spending time with my dog.
I also really like Chocolate cake!"*



Hello, I'm Tia, I love all things Harry Potter and Disney! You can always catch me reading a good book, doing a jigsaw puzzle or spending time in the sun 😊

Together we've been working on this activity pack for you. We hope you enjoy it :)

Make your artwork the next cover!

Take a photo of an activity you have made from this pack or just a great drawing/artwork!

Win an extra special activity pack for the successful designers and your artwork could be the cover on the next activity pack!



Please email a photo of your child's artwork (no picture of any people) to

Liz.james@barnardos.org.uk or
Julieann.hiscocks@bamardos.org.uk

ART & CRAFT

Crab seaside scene

Need:

- 2 sheets of colour paper (blue for sky and brown/cream for sand)
- Glue
- Scissors
- 2 cupcake cases
- 3 pens (red to colour crabs, grey for birds, black for legs)

Steps:

1. Cut the blue so that it only covers two thirds of the sandy paper and stick them together.
2. Cut a cupcake case in half and colour it red.
3. Use the other case to make hands for the crab (See below).
4. Glue the crab onto the scene and use the black pen for its legs.
5. Decorate using the grey pen to add birds to the scene.



Paper plate duck

Need:

- Paper plate
- 2 sheets of coloured paper (orange and yellow)
- Yellow pen for colouring
- Scissors
- Glue
- Googly eyes or black pen

Steps:

1. Cut the paper plate in half and colour it yellow.
2. Create two feet for the duck, see below for inspiration
3. Stick the feet on.
4. Create an orange triangle for the beak and a yellow r shape for the head.
5. Stick both of these on and enjoy your duck.



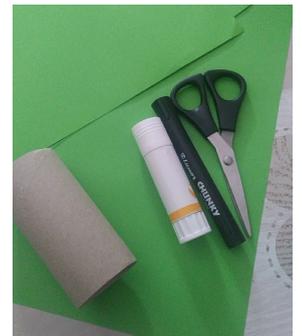
Paper chain snake

Need:

- 2 sheets of paper (depending on how you'd like your snake)
- Scissors
- Glue

Steps:

1. Cut the sheets of paper into strips and make a paper chain by sticking the ends together and then looping it into the next strip (see below).
2. Add a head, tail and tongue for decoration and you have one slithering snake!



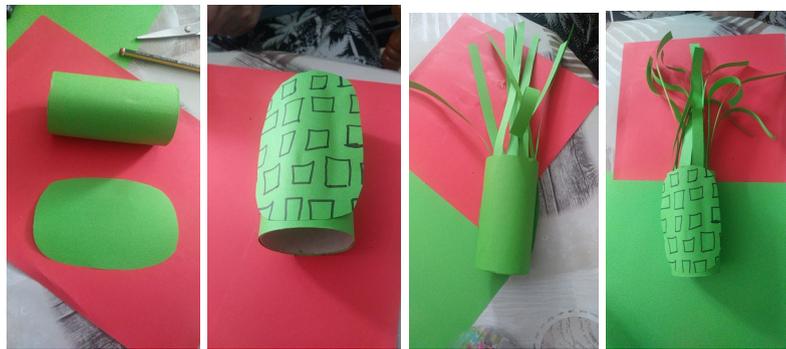
Toilet roll turtle

Need:

- 1 toilet roll
- Scissors
- Black pen
- 2 sheets of green paper
- Glue

Steps:

1. Using the toilet roll as a guide, cut one sheet of paper to the length of the roll and cover it up until it is all green.
2. Cut out an oval using the other sheet and using the black pen draw squares on it like a turtle's back.
3. Using the remainder of the green paper cut strips so that it is almost fully off but is all still connected.
4. Glue the strips onto the bottom of the tube for a nice effect.
5. Then add the oval on the top and you have a funky turtle.



Make your own pets!

Rock pets

You will need:

Rocks

Paints/felt tips

Pencils



What you need to do:

Decide on what animal or creature you want for your rocks. Draw your creation on the rock and paint them. Once you have painted your creatures and let them dry, why not think of a name for your new rock pet and maybe a story?

You don't need to stop there you make could any creature, a block pet or a sock pet, get creative!



Sea Diorama

What you need:

Box

Scissors

Paint/brushes

Print out / draw fishes

Skewers

Sand/Shells (optional)



What you need to do:

1. Prepare box with one open side.
2. Paint the inside of the box blue.
3. Paint 3-6 skewers the same blue as the inside of the box.
4. Let the box and skewers dry, while you draw (or print off template) fishes and colour them in.
5. Once everything is dry, carefully make holes in the top with the skewers and push them down.
6. Then remove the skewers and glue the fishes on with tape, glue or if you have one a glue gun. Let dry. Then push back into place from the inside up into the top.
7. Then place some beige coloured paper on the bottom or colour in a sand colour or add sand!
8. Say hello to your new underwater world!



Mythical Animals: Hand Monsters!

Need:

- Coloured Card
- Coloured Pens/crayons
- Scissors
- Things to decorate your monsters with, e.g. glitter glue, googly eyes, stickers etc.

Method:

1. Draw around your hand (you could make a few different monsters and draw around your hand in different positions)
2. Cut out your hand print
3. Decorate your hand to make the monster's face - how many eyes does it have? What does its mouth look like? Does it have hair?



Milk Bottle Elephant

Need:

- Clean plastic milk bottle (2 pint size works best)
- Material scraps (can be mixed) or tissue paper
- Googly eyes
- PVA Glue
- Scissors

Method:

1. Carefully with an adult's help cut the bottle to make the elephant shape, make four legs and use the bottle handle to make the elephant's trunk (see picture).
2. Cover the elephant body in glue and stick on the material scraps. You can use different colours!
3. Cut out two large semi circles and stick them onto the elephant to make the ears. Stick them on the open bottle top and then stick the bottle lid on top.
4. Add eyes (if you don't have googly eyes make your own out of paper). Leave to dry & your elephant is finished!



AT HOME

Photography

Need:

- Camera or phone with a camera & permission to use it by the owner
- Pet or cuddly toy

Task:

- Take a selfie with your pet/s and or/ cuddly toy!
- You could try using an app / filter to change your photo as you take it!
- Find your pet's best angle



Animals Gallery

We have started a gallery, an animal gallery. Get taking photos of your lovely pets or making some lovely artwork of your beloved pets or what animals you would like as a pet! Then email them to us on liz.james@barnardos.co.uk and julieann.hiscocks@barnardos.c.uk and we will add them to a future activity pack!



Longleat Animal Safari

- <https://www.facebook.com/154526564588271/posts/3910399175667639/?sfn=sn=scwspwa&extid=i3hWIGXPw6DBkvI5>
- Follow this link to see the animals at Longleat Safari - can you name them all? Make a list of the different animals you see. What sounds do they make? Do you know what food they eat? Try and find out the answers if you don't know.



OUTDOOR PLAY & MESSY PLAY

Fork painting lion

Need:

- 1 fork
- 1 sheet of yellow paper
- 1 black pen
- Orange or red paint



Steps:

1. Draw a circle in the middle of the page to make the lion's face.
2. Then draw the lion's eyes, nose and mouth.
3. Using the paint of your choice, coat the end of the fork and stroke it onto the page.
4. Keep doing this all the way round the page to create the lion's mane.
5. To create a scratching effect use the end of the fork over the top.



Hand painted crab

Need:

- 2 hands
- Red paint
- Paintbrush
- 2 sheets of paper (blue for sky, brown or peach for sand)
- Glue stick
- Scissors and ruler



Steps:

1. Cut the blue paper so that it only covers two thirds of the peach paper and stick them together.
2. Paint your hand red and press onto the middle of the paper facing outwards for 6 seconds.
3. Do this twice in opposite directions to create the crab.
4. Once it has dried you can brighten the crab up by painting over your handprint.
5. Add on the eyes and decorate as you wish.



Paper plate snake

Need:

- 1 paper plate
- Paint of your choice
- Black pen for decoration
- Scissors
- Pencil

Steps:

1. Draw the snake's outline on the plate going round and round.
2. Paint the snake in any way you wish. You can do spots, stripes, splatters, full colours or tissue paper.
3. Cut the snake out and you're ready to go.
4. If you wish to, you can create a hole in the snakes head and hang it as it swirls downwards.



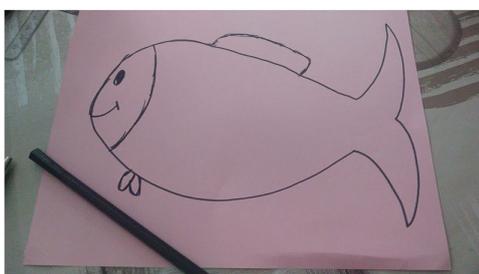
Toilet paper fish

Need:

- Black pen
- 1 piece of paper
- 3 paint colours
- 1 toilet roll

Steps:

1. Draw a fish, use the one below for reference.
2. Cut the toilet roll into three and curve them by folding in the middle.
3. Use the edge of the toilet roll curves to create scales for the fish.



Cookie cutter painting

Using your best animal cookie cutters, create a wacky wildlife scene! Dip the cutters into paint and press onto paper. Remember to wash the cutters well after use!



Refugee Week June (15th – 21st June 2020)

Welcome Sign

Check out the Children's Pack as part of Refugee Week, full of film and book suggestions and



activities. Have a go at making your own piece of art welcoming Syrian families, and sharing your work with Norfolk City of Sanctuary's digital exhibition. We did ours using things we found in the garden!

- <https://refugeeweek.org.uk/wp-content/uploads/2020/05/Refugee-Week-2020-Childrens-Pack.pdf>
- [Children & young people](#)

More festive online celebrations, #PrideInside an online pride festival with music, workshops and more, from 27th June - 10th July. Here are some of activities:

- Host a Pride Picnic <https://www.amnesty.org.uk/ways-to-give/pride-picnic>
- Watch Defy Gravity with Aerial Artist, Mel Steven - July 4th @ 2.30 - 3pm, July 5th @ 1.30 - 2pm
<https://prideinside.uk/event/entertainment-defy-gravity-with-aerial-artist-mel-stevens/>
- Join the Discussion: The Power of Difference, Empowerment Through Sports (with BSL) July 4th @ 1.15pm - 2.30pm
<https://prideinside.uk/event/discussion-the-power-of-difference-empowerment-through-sport-with-bsl/>

Pond dipping

Visit a local pond and take a container with you.



Try out some pond dipping!

What can you see?

Tick off your discoveries



Bug Hotel ★★★★★

1. Location, location, location. If you want bees place in a sunny spot, if you want lots of bugs place in a damp spot.
2. Use bricks on the ground to make a good strong base.
3. Use planks or an old wooden cupboard to make a structure.
4. Add layers to make lots of interesting spaces for your bugs. Using wood, straw, old roof tiles, pots, woodchips, dry leaves, old logs, etc. Bamboo is great for insects to crawl into.
5. Make sure to make the top and sides waterproof by getting an adult to nail roofing felt.



LEARNING FUN

Wild animals wordsearch - <https://thewordsearch.com/maker/>

Animal wordsearch

S	O	B	H	M	A	E	F	F	A	R	I	G	G	GIRAFFE
N	T	I	A	B	E	E	E	K	N	B	R	L	L	TIGER
A	T	N	R	B	Y	T	A	O	E	E	H	O	F	LION
K	E	R	L	E	O	N	O	O	K	A	I	D	O	GORILLA
E	R	O	K	O	G	O	N	N	N	R	N	I	N	KANGAROO
N	L	N	E	A	N	B	N	K	E	L	O	O	I	MONKEY
E	O	H	R	O	G	O	R	I	L	L	A	X	H	LEMUR
M	I	O	L	D	E	E	R	W	A	E	R	O	P	BABOON
K	O	E	O	H	Y	E	N	A	E	G	D	F	L	BEAR
W	O	L	F	T	I	G	E	R	H	P	F	O	O	DOLPHIN
K	R	U	M	E	L	G	Z	E	B	R	A	B	D	FOX
T	R	E	Y	M	Y	I	M	E	N	L	I	O	N	WOLF
E	L	E	P	H	A	N	T	O	A	G	O	E	K	ELEPHANT
A	A	M	A	N	L	E	M	N	E	A	G	A	G	SNAKE

Native animals wordsearch

Native british animals

F	R	O	G	R	T	P	E	S	R	O	H	G	U	DONKEY
S	Q	U	I	R	R	E	L	O	I	C	I	F	H	PIG
H	G	R	E	R	E	G	D	A	B	O	O	D	O	HORSE
W	A	F	R	E	K	I	A	C	H	G	R	E	R	ROBIN
E	G	R	X	O	H	S	S	O	P	G	O	T	W	HARE
G	I	S	E	G	B	G	E	W	I	S	E	T	R	STOAT
O	G	H	R	R	R	I	S	T	G	I	A	R	E	BADGER
H	O	E	M	W	E	N	N	G	A	F	O	X	W	SHEEP
E	X	E	B	A	R	N	O	W	L	O	R	E	O	COW
G	N	P	O	T	T	E	R	R	I	O	T	A	R	SQUIRREL
D	F	D	R	O	H	D	E	E	R	E	G	S	M	DEER
E	E	T	O	E	L	Y	E	K	N	O	D	R	R	PUFFIN
H	P	U	F	F	I	N	G	H	R	P	M	G	F	OTTER
K	B	R	R	L	A	R	D	F	A	E	R	D	N	BARN OWL

FOOD & COOKING

Animal Food Challenge - try and have only food in the shape of animals!

Spider/octopus delights



Fish Bread



Fruity Turtle



Make your own footprint/ paw



Design your own animal-shaped food!



Food FOR Animals

Hedgehogs

- They can't have milk as it gives them diarrhoea. Leave out water in a shallow bowl for them instead.

Birds

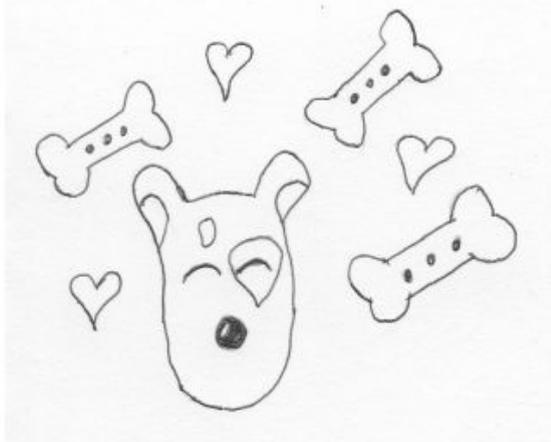
- Seeds, oats, cooked rice, apples cores etc.
- They also need water so if you have a bird bath make sure it has clean water in it :) You can even make your own bird bath by using a large container and filling it with water - put it somewhere safe where cats won't get the birds.



Dog biscuits

You will need:

- 75grams cornflour
- 6 tablespoons of oil
- 177ml of water or meat broth (bouillon)
- 120grams flour
- Baking tray and baking paper
- Biscuit cutter



1. Mix together all the ingredients.
2. If the mixture is too wet, add a little flour. If the mixture is too dry, add a little water.
3. Place the dough on a floured surface.
4. Knead the dough.
5. Roll out the dough until it is 6-7mm thickness.
6. Cut with a biscuit cutter.
7. Place on baking tray with baking paper.
8. Bake at 175C/350F for 30 minutes.
9. Remove from oven, wait till cool. Ready for your dog's snack time!

EXERCISE

Dinosaur walk

Legs up! Stomp around the house like a dinosaur, making tiny arms and big steps. For fun, do your best t-rex noises whilst walking.



Bunny hop

Keep two feet together and hop across the room like a bunny rabbit. See how long you can do this for or how far you can go.



Frog jump

Start in a deep squat with your hands on the ground. Then jump as high as you can, this is sure to drain any extra energy a young person has.



Crab walk

Start on your bottom with your hands behind your back and your legs bent at the knees. Then lift your bum off of the ground as much as possible, keeping your belly parallel to the ground.



Gorilla walk

Start again in a deep squat and remain in this position as you walk around the room making loud gorilla groans as you move.



MUSIC

Animal noises body

You have a zoo! Each body part makes a different animal sound, take it in turns to make your own animal noises!



Press your nose – trumpet like an elephant



Press your neck – buzz like a bee



Stoke your hair – purr like a cat



Press your cheeks – squeak like a mouse



Press your elbows – cluck like a chicken



Press your tummy – growl like a bear



Press your knees – bark like a dog

Press your feet – hiss like a snake



Make an Animal Song List

Need:

- Access to music e.g. Youtube on a phone/ ipad / laptop etc.
- Pen
- Paper

Method:

1. Look up different songs about animals.
2. Make a list of these songs. What different animals are they about? Which is your favourite?

Design your own Animals Themed Album Cover

Need:

- Coloured Pens
- Paper (ideally square shaped)

Method:

1. Decide on a title for your album (this could include an animal name e.g. 'Happy Hippos Hippy Songs!'). Write this on your piece of paper.
2. Draw your animal themed album cover and colour it in!

RESOURCES explaining Coronavirus to children

Supporting Children with Learning Disability/ASD Coping with COVID-19 Isolation

- <http://www.cardiffandvaleuhb.wales.nhs.uk/sitesplus/documents/1143/Supporting%20Children%20with%20LD%20&%20ASD%20with%20COVID%20Isolation.pdf>

Photosymbols: Can't wear a mask? Worried about travel.

- <https://m.facebook.com/photosymbols/photos/a.277433866107/10158592047891108/?type=3&source=48>

Free information book explaining Coronavirus to children by illustrator of The Gruffalo Axel Scheffler

- [Released today: a free information book explaining the coronavirus to children, illustrated by Gruffalo illustrator Axel Scheffler](#)

A little document explaining Coronavirus to children - written by a nurse.

- <https://nursedottybooks.files.wordpress.com/2020/03/dave-the-dog-coronaviruss-1-1.pdf>

Social Story on the Coronavirus

- <https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>

Barnardo's Coronavirus advice for young people

- <https://www.barnardos.org.uk/coronavirus-advice-young-people?fbclid=IwAR0jS4qT5MKSywanlKH9QhBish9gWbiUpUjgp9NoPmYZJbctDg1xXq0fasE>

OTHER RESOURCES & USEFUL LINKS:

Wiltshire's online library service: Also there are links on individual library facebook pages to online rhyme time sessions

- <http://www.wiltshire.gov.uk/libraries-ebooks>

Audible: children's audio stories (free)

- https://stories.audible.com/start-listen?fbclid=IwAR0FxmFjFFmDTog5O3IsO9fyNDdWKfAnvRjFJmMfQjFw37DrernX3_WH4BI

Theatre: recording of The Wind in The Willows (free/ donate what you can)

- <https://www.willowsmusical.com/?fbclid=IwAR1r1GhXEMaqlhyaTCd6MFI5tISRrBiJQixQFTZ5wQUGMhOcrQt0ao2XZM>

Barnardo's Links -

https://www.barnardos.org.uk/blog/keeping-kids-entertained-while-youre-working-home?utm_source=facebook&utm_campaign=blog&utm_medium=organic&fbclid=IwAR36HwyckSqUKZAM0FqaMTqubxJqvPgpqyC09C959KFBYIkIAMY2-ezN4k

Downloadable colouring in pages from Hobbycraft -

https://www.hobbycraft.co.uk/ideas?projectype=kids-free-kids-downloads&utm_campaign=20200413COLOURING&utm_content=22991000789&utm_medium=Email&utm_source=Email

The Reading Agency Hub Holiday Activities

- <https://www.readingagency.org.uk/resources/?programme=chat>

Author's reading aloud

- <https://kidsactivitiesblog.com/136038/online-story-time/>

Wiltshire's online library service: Also there are links on individual library facebook pages to online rhyme time sessions.

- <http://www.wiltshire.gov.uk/libraries-ebooks>

Audible: children's audio stories (free)

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Virtual tours:

https://www.moneysavingexpert.com/deals/deals-hunter/2020/03/free-virtual-globe-trotting/?utm_campaign=545311_Workplace%20Weekly%20-%209%20April%202020&utm_medium=email&utm_source=Barnardos&dm_i=4ZNU.BORJ.1FMK3A.1AJFD.1
https://www.moneysavingexpert.com/deals/deals-hunter/2020/03/free-virtual-globe-trotting/?utm_campaign=545311_Workplace%20Weekly%20-%209%20April%202020&utm_medium=email&utm_source=Barnardos&dm_i=4ZNU.BORJ.1FMK3A.1AJFD.1

Virtual Wiltshire

- <https://www.visitwiltshire.co.uk/take-a-virtual-trip-to-wiltshire>

Singing Hands UK have a collection of Makaton signed Nursery Rhymes on YouTube

- <https://www.youtube.com/user/SingingHandsUK>

A range of bedtime books from Barnardo's on YouTube

- https://www.youtube.com/playlist?list=PL-vMAkVyfPw_3ISo5tFle1dYDJ8LAe5fY